

## JOB DESCRIPTION

# Clinical Nutritionist – Varanasi

Cuddles Foundation brings holistic nutritional counsel to children fighting cancer across India. As a Cuddles Nutritionist, you'll get a chance to improve treatment outcomes of children in government and charity cancer hospitals alongside award-winning oncologists and clinicians. So, being organised, flexible, and prioritising your time will be vital. The current opening is at Homi Bhabha Cancer Hospital, Varanasi.

## Responsibilities:

- You'll manage out-patients and in-patients in the Pediatric Oncology and Hematology departments.
- You'll assess the child's health needs and diet, complying with guidelines outlined in our training manual. This includes anthropometric examinations, such as measuring height, weight, BMI and assessing the child's nutritional status and deficiencies.
- You'll develop diet plans for every child, involving the child and the family, based on a careful analysis of their medical condition and required growth and development.
- You'll maintain detailed records of your counsel for mapping success, monitoring and evaluation, and publishing case studies.
- You'll conduct weekly group counselling sessions, and parent support meets to help caregivers cope with treatment conditions and inspire good food habits to prevent or manage infections.
- You'll distribute aid initiated by Cuddles at the hospital, including monthly ration, eggs, bananas, dry fruits, milk, etc.
- You'll participate in meetings and training programs conducted by the organisation and be open to learning, assignments and evaluations.
- You'll keep up with the latest nutritional science research.
- As a representative of Cuddles at the hospital, you will collaborate with the doctors and nurses while reporting to your team lead regularly.

- You'll ensure patient satisfaction, quality care, regulatory compliance, and efficient use of resources.

## **Must-Haves:**

- A Master's or Diploma in Clinical Nutrition and Dietetics.
- At least a 6-month internship at a multispecialty hospital and 1-year work experience.
- Fluency in the Hindi language.
- Excellent verbal and written communication skills, with exceptional attention to detail.
- Willing to commit at least 18-months of work.
- Proficient with Microsoft Excel.
- Ability to work in a team and have a strong work ethic.

## **Skills:**

### **You're a great listener**

A large part of your work as a pediatric nutritionist will depend on what children tell you or don't tell you. You have to be empathetic to what they and their parents are going through.

### **You are an influencer, a champion for good nutrition at all times.**

You are a champ at influencing people. People come to you for advice. You will inspire parents, children, and even doctors to follow good nutrition practices in your day-to-day work. You believe food heals.

### **You have a knack for dealing with kids.**

You are patient and compassionate. You can tell a good story and inspire children to eat right. You don't talk down to them. You are their advocate and friend.

### **Data doesn't scare you.**

You will have to keep a keen eye on nutritional data, malnourishment status, calorie counts and deficiencies of your patients.

**You have a knack for technology.**

We love tech when it makes your life easy. We solve the malnutrition problem in critical illnesses through our FoodHeals App. You will be using this in your day-to-day work.

**You're a stickler for organising things.**

You have remarkable attention to the slightest detail and meticulous organisational skills. Your closet and drawers are a testament to this skill: when something doesn't have a place, you make one for it and teach others to keep it that way. You can manage schedules, prioritise your work and follow it with minimum supervision.

**Location:**

This opportunity is for those in or willing to relocate to Varanasi, Uttar Pradesh.

**Tenure Commitment:**

18 months.

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